

課題文 B

Graduation Speech at Stanford University

Steve Jobs

I am pretty sure none of this would have happened if I hadn't been fired from Apple. It was awful-tasting medicine, but I guess the patient needed it. Sometimes life hits you in the head with a brick. Don't lose faith. I am convinced that the only thing that kept me going was that I loved what I did. You've got to find what you love, and that is as true for your work as it is for your lovers. Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. The only way to do great work is to love what you do. If you haven't found it yet, keep looking and don't settle. As with all matters of heart, you'll know when you find it and, like any great relationship, it just gets better and better as the years roll on. So keep looking. Don't settle.

My third story is about death. When I was 17, I read a quote that went something like: "If you live each day as if it was your last day, someday you'll most certainly be right.

It made an impression on me, and since then, for the past 33 years, I have looked in the mirror every morning and asked myself: "If today were the last day of my life, would I want to do what I am about to do today?" Whenever the answer has been "No" for too many days in a row, I know I need to change something.

Remembering that I'll be dead soon is the most important tool I've ever **encountered** to help me make the big choices in life. Because almost everything—all external expectations, all pride, all fear of embarrassment or failure—these things just fall away in the face of death, leaving only what is truly important.

Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart.

(364 words)

(注) 1行目の this の内容：アップルからの解雇後にジョブズが新事業に成功し、生涯の伴侶をえて、遂にはアップルに復帰した一連の出来事を指す。